



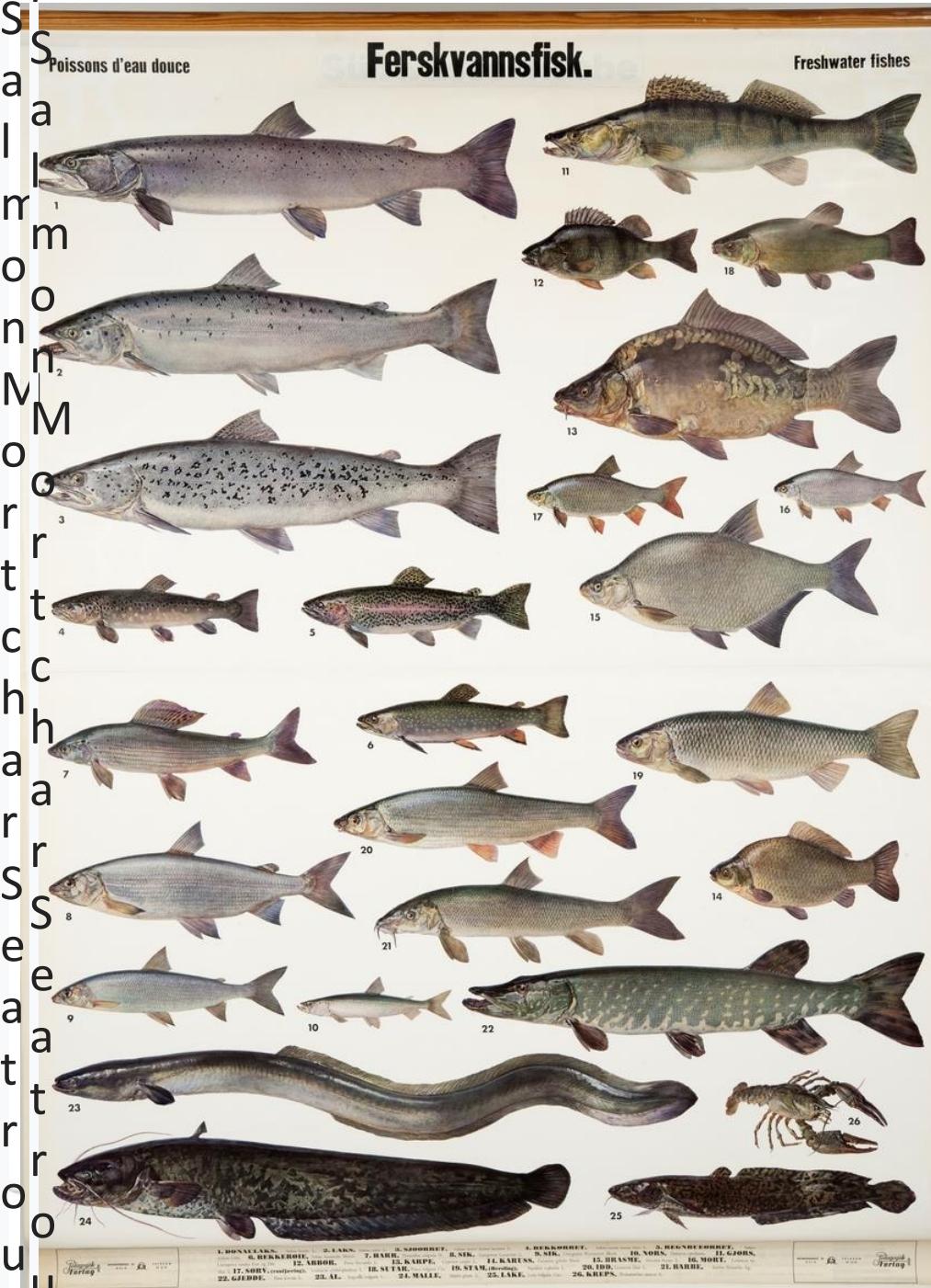
September 15th. Short introduction to freshwater fishing

Based on
GRUNNKURS I SPORTSFISKE
Contact Morten Langøy (it@srjf.no)



Fishing regulations:

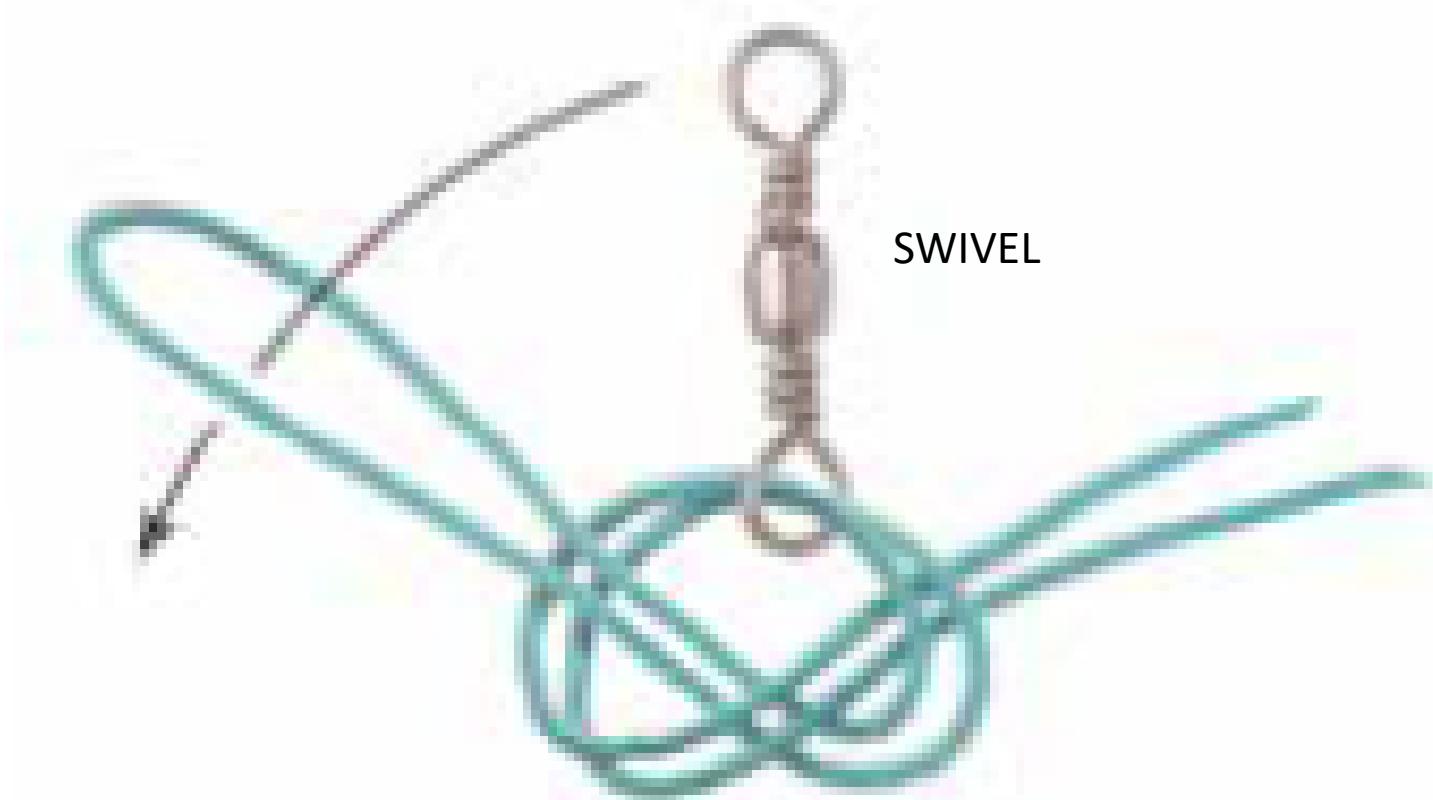
- No general fishing licence, except for salmon (Anadrome) rivers
- Children under 16 years fish free
- Fishing in and sea close to Anadrome rivers
- Fishing in fresh water
- Fishing in the sea
- Minimum (& maximum) size



Types of freshwater fish

Abbor	Perch
Aure/Ørret	Trout
Brasme	Bream
Gjedde	Pike
Gjørs	Pike perch
Harr	Greyling
Laks	Salmon
Mort	Mort
Røye	Artic char
Sjøørret	Seatrout
Suter	Suter
Sørv	Rudd
Ørret/Aure	Trout
Ål	Eel

KNOTS



Line: Most fishing knots are good old fashioned knots designed to monofilament lines (nylons). Modern multifilament lines (braided lines) is thin, smooth and sharp. Therefore, many knots work poorly on such lines.

Diameter: The thinner the line, the more twists / turns you need for the knot to be strong. If you use very thick monos, it is impossible with many twists / turns .



Simpel Bait Rod

A simple top-knit telescopic or bamboo rod is one of the easiest for kids to start fishing. Available in several lengths, but for children a rod of approx. 4 -4.5 m. There is no reel. The line is tied right in the top ring. Great for small-lake perch fishing, small creek and river fishing, or from a seafront pier.

ROD AND REEL:

- Buy rod and reel that fit together
- Short rods are great for lure fishing and short casts. Long rods are best if you want to go fishing with floaters and flies, floaters and bait, or if you have to cast extra long.
- Rod Length
- Lure/Cast Weight
- Fishing reel
- Line



Confused?

- Small lures for small fish, big lures for big fish.
- Light and broad lures for shallow water and heavy slim lures for deep water or strong currents.
- Dark lures for dark and over shadows , shiny lures for light and sunny days.
- Colorful lures in cold or muddy/murky water.

1 nøkkel – 150 (100) båter er en fantastisk medlemsfordel!



Foto: Janne Svhuis

Janne Svhuis var 12. mai 2020 på fisketur i Flassavatnet i Rogaland.

Vannet ligger ved Ålgård og har en av NJFFs 150 båter som medlemmer av NJFF kan bruke til fri benyttelse. Du trenger kun en båtnøkkel som koster 200 kr, og denne passer til alle 150 båtene.

www.njff.no/nyheter/Sider/1-nokkel--150-bater-er-en-fantastisk-medlemsfordel.aspx

www.minebåter.no/

Tips on net:

General:

Rules for recreational fishing in rivers and lakes. The most important rules for fishing in rivers and lakes in Norway:

www.environmentagency.no/areas-of-activity/hunting-and-fishing/rules-for-recreational-fishing-in-rivers-and-lakes/

Fishing spots:

www.mittfiske.no/fiskekart/?id=SSR-15405&x=5.7408055555556&y=58.8509083333333&x1=5.700806&y1=58.810908&x2=5.780806&y2=58.890908

Stavanger fishing association: www.njff.no/rogaland/stavangerogrogaland

«Skitt fiske!»

Contact Stavanger og Rogaland Jeger og Fiskeforening:

www.njff.no/fylkeslag/rogaland/lokallag/stavanger

Morten Langøy, morten@langoy.as

Family membership: 1 100 NOK/year

